



Today's Date: \_\_\_/\_\_\_/\_\_\_

**PATIENT INFORMATION & INTAKE FORM**

Patient Name:	Social Security #:	Birth Date: ___/___/_____ Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female
Address:	City, State, Zip:	Home Phone: Cell Phone: Work Phone: E-Mail:
Employer:	Employer Address:	Occupation:
Marital Status: <input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Partner	Name of Spouse:	Spouse Employer: Spouse Employer Phone:
Primary Care Physician: Phone #:	Dentist: Phone #:	Landlord (If Renting): Phone #:
Emergency Contact: Relationship to Patient: Phone #: Alternate Phone #:	Nearest Relative Not Living With You: Relationship to Patient: Phone #: Alternative Phone #:	Is your visit due to an injury? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, when did the injury occur? Date  Type of Injury: <input type="checkbox"/> Workers Compensation <input type="checkbox"/> Automobile Accident <input type="checkbox"/> Other
Reason for Visit	How did you hear about us?	I will be paying by: <input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card

**INSURANCE POLICY HOLDER INFORMATION**

Name of Insured/Responsible Party:	Insured Social Security #:	Insured: Date of Birth: ___/___/_____ Employer Name & Address:
Home Address:  City, State, Zip:	Phone #: Work Phone: Alternate Phone/Cell #:	
Insurance Company:	Insured ID #:	Relationship to Patient:  Do you have Secondary Insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No

I have completed and reviewed the above information and to the best of my knowledge it is accurate. I authorize the individual physicians to advise me of any necessary procedures, diagnostic studies and treatment. I will notify you of any changes in my status of the above information.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Patient or Parental Signature if Patient is a Minor

Do you currently or have you had:	Please mark all that apply:	
	Current	Past
Sleep Problems	<input type="checkbox"/>	<input type="checkbox"/>
Disabled	<input type="checkbox"/>	<input type="checkbox"/>
Nervous Tension	<input type="checkbox"/>	<input type="checkbox"/>
Irritability	<input type="checkbox"/>	<input type="checkbox"/>
Mood Swings / Changes	<input type="checkbox"/>	<input type="checkbox"/>

Do you currently or have you had:	Please mark all that apply:	
	Current	Past
Growing Moles or Lumps	<input type="checkbox"/>	<input type="checkbox"/>
Wear Glasses or Contacts	<input type="checkbox"/>	<input type="checkbox"/>
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>
Light Bothers Eyes	<input type="checkbox"/>	<input type="checkbox"/>
Other Eye Problems	<input type="checkbox"/>	<input type="checkbox"/>
Date of Last Eye Exam: _____		
Hearing Difficulties	<input type="checkbox"/>	<input type="checkbox"/>
Ringing in Ears	<input type="checkbox"/>	<input type="checkbox"/>
Sinus Infection	<input type="checkbox"/>	<input type="checkbox"/>
Motion Sickness	<input type="checkbox"/>	<input type="checkbox"/>
Dental Problems	<input type="checkbox"/>	<input type="checkbox"/>
Date of Last Dental Exam: _____		

Do you currently or have you had:	Please mark all that apply:	
	Current	Past
More Frequent Urination	<input type="checkbox"/>	<input type="checkbox"/>
Pain or Blood with Urination	<input type="checkbox"/>	<input type="checkbox"/>
Leaking Urine	<input type="checkbox"/>	<input type="checkbox"/>
Urinating at Night	<input type="checkbox"/>	<input type="checkbox"/>
Kidney or Bladder Infection	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Stones	<input type="checkbox"/>	<input type="checkbox"/>
Recurrent Abdominal Pain	<input type="checkbox"/>	<input type="checkbox"/>
Ulcers	<input type="checkbox"/>	<input type="checkbox"/>
Heartburn	<input type="checkbox"/>	<input type="checkbox"/>
Swallowing Problems	<input type="checkbox"/>	<input type="checkbox"/>
Hernia	<input type="checkbox"/>	<input type="checkbox"/>
Hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>
Polyps	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Smell	<input type="checkbox"/>	<input type="checkbox"/>

Do you currently or have you had:	Please mark all that apply:	
	Current	Past
Arthritis or Gout	<input type="checkbox"/>	<input type="checkbox"/>
Bursitis	<input type="checkbox"/>	<input type="checkbox"/>
Fractured Bones	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>
Tremor	<input type="checkbox"/>	<input type="checkbox"/>
Passing Out	<input type="checkbox"/>	<input type="checkbox"/>
Speech Problems	<input type="checkbox"/>	<input type="checkbox"/>
Trouble Concentrating	<input type="checkbox"/>	<input type="checkbox"/>
Diarrhea or Constipation	<input type="checkbox"/>	<input type="checkbox"/>
Varicose Veins	<input type="checkbox"/>	<input type="checkbox"/>

Do you currently or have you had:	Please mark all that apply:	
	Current	Past
Asthma	<input type="checkbox"/>	<input type="checkbox"/>
Eczema	<input type="checkbox"/>	<input type="checkbox"/>
Hay Fever	<input type="checkbox"/>	<input type="checkbox"/>
Sinus Problems	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
High Cholesterol or Triglycerides	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid Trouble	<input type="checkbox"/>	<input type="checkbox"/>
Liver Trouble	<input type="checkbox"/>	<input type="checkbox"/>
Anemia	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding or Bruising Tendency	<input type="checkbox"/>	<input type="checkbox"/>

Do you currently or have you had:	Please mark all that apply:	
	Current	Past
Low Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>
Racing, Pounding Heart	<input type="checkbox"/>	<input type="checkbox"/>
Ankle Swelling	<input type="checkbox"/>	<input type="checkbox"/>
Lung or Breathing Problems	<input type="checkbox"/>	<input type="checkbox"/>
Pneumonia	<input type="checkbox"/>	<input type="checkbox"/>

Do you currently or have you had:	Please mark all that apply:	
	Current	Past
History of Trauma	<input type="checkbox"/>	<input type="checkbox"/>
Infection	<input type="checkbox"/>	<input type="checkbox"/>
Unexplained Weight Loss	<input type="checkbox"/>	<input type="checkbox"/>
Unusual Fatigue	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness / Poor Balance	<input type="checkbox"/>	<input type="checkbox"/>
Vomited Blood	<input type="checkbox"/>	<input type="checkbox"/>
Bloody or Black Stools	<input type="checkbox"/>	<input type="checkbox"/>
Change in Appetite	<input type="checkbox"/>	<input type="checkbox"/>
Fevers	<input type="checkbox"/>	<input type="checkbox"/>
Night Sweats	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>
Chest Pain	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of Breath	<input type="checkbox"/>	<input type="checkbox"/>
Chronic Cough	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease or Murmur	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Bowel or Bladder Control	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>
Muscle Weakness or Paralysis	<input type="checkbox"/>	<input type="checkbox"/>
Memory Loss	<input type="checkbox"/>	<input type="checkbox"/>
Severe Trauma	<input type="checkbox"/>	<input type="checkbox"/>
Direct Head Trauma	<input type="checkbox"/>	<input type="checkbox"/>
Lost Consciousness	<input type="checkbox"/>	<input type="checkbox"/>
Poor Coordination	<input type="checkbox"/>	<input type="checkbox"/>
Night Pain	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty Swallowing	<input type="checkbox"/>	<input type="checkbox"/>
Recent Infection	<input type="checkbox"/>	<input type="checkbox"/>
History of Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
History of Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty Breathing	<input type="checkbox"/>	<input type="checkbox"/>
Abdominal Pain	<input type="checkbox"/>	<input type="checkbox"/>
Use of Corticosteroids	<input type="checkbox"/>	<input type="checkbox"/>
Use of Anticoagulants	<input type="checkbox"/>	<input type="checkbox"/>
Use of Birth Control Pills	<input type="checkbox"/>	<input type="checkbox"/>
Numbness in Groin (Saddle Anesthesia)	<input type="checkbox"/>	<input type="checkbox"/>
Loss of Anal Sphincter Tone, Fecal Incontinence (Bowel Accidents)	<input type="checkbox"/>	<input type="checkbox"/>
Pain Fails to Improve With Rest	<input type="checkbox"/>	<input type="checkbox"/>
Pain Greater Than 4 Weeks	<input type="checkbox"/>	<input type="checkbox"/>
Prolonged Use of Corticosteroids	<input type="checkbox"/>	<input type="checkbox"/>
Intravenous Drug Use	<input type="checkbox"/>	<input type="checkbox"/>



Triad Pain & Weight Management  
 4515 S. McClintock Drive  
 Suite 120  
 Tempe, AZ 85282

### ABOUT YOUR FAMILY HISTORY

Please mark relative's current age or age at time of death. Place an X in the boxes that apply to them. Describe "Other" and list cause of death

	Age	Allergy - Asthma	Alcohol Abuse	Arthritis	Bleeding Disorder	Cancer	Diabetes	Epilepsy	Glaucoma	Headaches	Heart Disease	High Blood Pressure	Kidney Disease	Psychiatric Problems	Spine or Back Disorder	Stroke	Tuberculosis	Chronic Pain	Other	If deceased, cause of death	
Mother's Mother																					
Mother's Father																					
Father's Mother																					
Father's Father																					
Father																					
Mother																					
Brother's & Sisters # 1																					
# 2																					
# 3																					
# 4																					
# 5																					
Spouse																					
Children # 1																					
# 2																					
# 3																					
# 4																					
# 5																					

**HOSPITALIZATIONS, OPERATIONS,  
AUTO ACCIDENT or WORK INJURIES**  
(Please be as specific as possible)

**AREAS INVOLVED INDICATED  
EVALUATIONS & TREATMENTS**  
(Year)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

**SERIOUS ILLNESS:** List current and past illnesses not mentioned above. (Include cancer, diabetes, etc.)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

Patient Name: \_\_\_\_\_



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**TESTS:** Please list the MOST recent date:

Chest X-Ray: \_\_\_\_\_ EKG: \_\_\_\_\_ Other X-Ray: \_\_\_\_\_ MRI/Ct Scans: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

<b>HABITS:</b>	YES	NO	If yes, please describe:
Smoking	<input type="checkbox"/>	<input type="checkbox"/>	Packs Per Day: 0 – ½ <input type="checkbox"/> ½ - 1 <input type="checkbox"/> 2 or more <input type="checkbox"/> Duration: _____
Alcohol Consumption	<input type="checkbox"/>	<input type="checkbox"/>	# Drinks Per Day: _____ # Drinks Per Week: _____ Cups Per Day: _____
Coffee or Tea Consumption	<input type="checkbox"/>	<input type="checkbox"/>	Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Monthly <input type="checkbox"/>
Other Drug Use (Street Drugs)	<input type="checkbox"/>	<input type="checkbox"/>	Type: _____
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	

**HOBBIES OR INTEREST:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICINES:** Please list all currently used medicines. Include prescription and non-prescription drugs, vitamins, and herbs.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ALLERGIES:** Please list all known allergies, especially to medicines.

\_\_\_\_\_

**TREATMENT:** What treatment are you receiving or have received:

Medical Care  Chiropractic  Other  \_\_\_\_\_  
\_\_\_\_\_

Do you currently or in the past have:	Please mark all that apply	
	Currently	Past (When, # Episodes)
Back Pain or Stiffness	<input type="checkbox"/>	<input type="checkbox"/>
Neck Pain or Stiffness	<input type="checkbox"/>	<input type="checkbox"/>
Shoulder Pains	<input type="checkbox"/>	<input type="checkbox"/>
Hip Pain	<input type="checkbox"/>	<input type="checkbox"/>
Foot Pain or Trouble	<input type="checkbox"/>	<input type="checkbox"/>
Swollen or Painful Joints	<input type="checkbox"/>	<input type="checkbox"/>
Cold Hands or Feet	<input type="checkbox"/>	<input type="checkbox"/>
Numbness or Pain in the Arms, Hands or Fingers	<input type="checkbox"/>	<input type="checkbox"/>
Numbness or Pain in the Legs	<input type="checkbox"/>	<input type="checkbox"/>
Feet or Toes	<input type="checkbox"/>	<input type="checkbox"/>

**FEMALES ONLY**

Do you have:

<input type="checkbox"/> Menstrual Problems	<input type="checkbox"/> Vaginal Discharge
<input type="checkbox"/> Abnormal Bleeding	<input type="checkbox"/> Tubal Infections
<input type="checkbox"/> Breast Lump or Pain	<input type="checkbox"/> Sex Concerns
<input type="checkbox"/> Problems Getting Pregnant	

Age Periods Began: \_\_\_\_\_  
Number of Pregnancies: \_\_\_\_\_  
Number of Miscarriages or Abortions: \_\_\_\_\_  
Number of Cesarean Sections: \_\_\_\_\_  
Type of Birth Control: \_\_\_\_\_  
Date of Last Gynecological Exam: \_\_\_\_\_  
Date Last Period Began: \_\_\_\_\_  
Are You Currently or Possible Pregnant? \_\_\_\_\_

In general, how would you rate your health?  
 Excellent  Average  Poor

Do you feel depressed or have trouble falling asleep, poor appetite, lack of interest in normally enjoyable activities, relationship problems?  
 No  Yes If Yes, Please Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**DOCTOR'S NOTES:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PATIENT'S NAME:** \_\_\_\_\_

**MEN ONLY**

Do you have:

<input type="checkbox"/> Changes in Urine Stream
<input type="checkbox"/> Lumps in testicles
<input type="checkbox"/> Prostate Trouble
<input type="checkbox"/> Sex Concerns

Date of Last Prostate Exam: \_\_\_\_\_



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**Dr. Robb D. Bird N.M.D.**  
**CONSENT/FINANCIAL AGREEMENT**

I voluntarily consent to outpatient care at Triad Pain Management, encompassing routine diagnostic procedures, examination and medical treatment including, but not limited to, routine laboratory work (such as blood, urine and other studies), and administration of injections & medications prescribed by the doctor. I further consent to the performance of those diagnostic procedures, examinations and rendering of medical treatment by the medical staff. I understand that some treatments are considered experimental and that some treatment suggestions provided are NOT accepted by the United States FDA. I therefore, hereby release Dr. Robb D. Bird from any liability arriving out of the status of the approval or lack of approval of these therapeutic processes.

It is very important therefore that you inform Dr. Bird immediately of any disease process that you are suffering from, if you are on any medication or over the counter drugs. If you are pregnant, suspect you are pregnant or you are breast-feeding; please advise Dr. Bird immediately.

There are some health risks to treatment. These include but are not limited to:

- Aggravation of pre-existing symptoms
- Allergic reactions to supplements or herbs
- Pain, bruising, dizziness, or injury from venipuncture, acupuncture or injections.
- Fainting or puncturing of an organ with injection therapy needles.

I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others without my consent, unless required by law. I understand that I may look at my medical record at any time and can request a copy of it by paying the appropriate fee.

\_\_\_\_\_  
Initials

I understand that the Naturopathic Medical Doctor will answer any questions that I have to the best of his ability. I understand that treatment instructions/procedures and any possible side effects will be explained to me. I do not expect the doctor to be able to anticipate and explain all risks and complications.

\_\_\_\_\_  
Initials

I understand that charges are to be paid at the time of the visit. Payments for all dispensary items (supplements/pharmaceuticals/hormones) are due at the time of the visit. Exceptions exist in lien cases only!

\_\_\_\_\_  
Initials

**\*\*HCG Patients only\*\***

I understand that HCG does not cure or eradicate obesity. The FDA has not approved HCG for use as a weight loss aid. I also understand that results are individual and not guaranteed. I do not expect the doctor to be able to anticipate and explain all risks and complications. I am also aware that there are no refunds for this program.

\_\_\_\_\_  
Initials

As the patient, you are responsible for the total charges incurred for each visit including costs of supplements. I understand that most insurance companies do not cover the cost of some injection therapies or supplements. If possible, the doctor will bill insurance for patient reimbursement which will remain as a credit on the patient's account. The doctor cannot guarantee that the insurance company will reimburse 100% of the fees charged to the patient. Patients must also understand that not all treatments are covered by insurance. I have read and understood the above stated policies and information. I intend this consent form to cover the entire course of treatment for my present condition. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

Patient Name: (Please Print) \_\_\_\_\_

Signature of Patient or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_